

ONE MORE FEATHER IN THE CAP ET ASPIRING



Aspiring 2 Good 4 Good CSR Rating for the year 16-18 was conferred upon MSPL Limited by Economic Times on 27th February '2019. Dr.Meda Venkataiah, ED-Mines and Mr.H.K.Ramesha, GM-CSR received it on behalf of MSPL Limited.

While, CSR is the legal requirement now, MSPL Limited had proactively started it long back in 1976 as the founder Shri.Abheraj.H.Baldota believed in the Gandhian Principles of Trusteeship.

The annual ET2Good4Good ratings platform has been created by The Economic Times with KPMG in India as the knowledge partner to provide recognition and to create a benchmark standard for rating the CSR activities of corporations across India.

This is a benchmarking tool, hence it has been designed as a rating system and not as an award or a ranking scheme. The qualification for this is through a very detailed assessment of the participating organizations with respect to a clearly defined questionnaire with scores and weightages.

The jury consisted of eminent persona from different fields like Prof. Avanish Kumar, Mr Ashok Alexander,

Ms. Naina Lal Kidwai, Prof RA Mashelkar, Mr TCA Rangachari and Mr. Vineet Nayar. They reviewed the companies on 5 criteria: Governance, Stakeholder's engagement, Strategy, Monitoring & Evaluation and Reporting.

The audience was addressed by Mr.Santosh Jayaram, Partner, KPMG and Mr.Kidwai. This year, ET-KPMG awarded ratings to 34 leading companies from various sectors all across the country in 5 different categories. There was also a panel discussion as a part of the event.

The Jury Asks

Q: How does the engagement with your stakeholders help in the success of your CSR program?

Our programmes are based on the needs of the community and planned, implemented & ensured with an active participation by all the stakeholders. It ensures that the post management/sustainability of the program becomes their program and not just remain an MSPL Program.

Dr.Meda Venkataiah, ED-Mines

Celebrating

Mother's Magic of Love, Tender & Care

Mother's Day was celebrated on 2nd February'2019 to commemorate the birth anniversary of Smt.Vasantidevi A. Baldota.

Mother's Day is an august occasion to celebrate the greatest magician called mother. A Mother not only gives life but also creates miracles when she nurtures a child with her magic of love, tenderness and care. A magician may require a magic wand, but she has the magical touch that makes her child feel calm, she does not create illusions, she mesmerizes with her divine smile. She never creates mysteries, rather she paves way when she feels that the child would find it difficult to trudge ahead.

Baldota Group celebrated this mother's day on 2nd February'19 with the theme "Magic and Miracles." The major attraction of the celebration was a magic show performed by Mr.Kudroli Ganesh. The programme was anchored by Dr.Pallavi Amarnath as the master of ceremony. She apprised the audience about the role of a mother in life, her love, care, dedication, sacrifices and values imbibed in one's life.

The celebrations were formally inaugurated and lamp was lit by Mrs.Lavina R.Baldota, Mrs. Rashmi S.Baldota, Mrs.Lalitha Venkataiah and Mrs.Poornima Krishnamoorthy.

Mr.Shrenik Kumar N.Baldota paid his tributes and remembered his grandmother Smt.Vasantidevi A.Baldota and told that he chose the theme, "Magic and Miracle" for the Mothers' Day celebrations as she did miracles in his life. Mr.Shrenik further added that she had three magical things in her life.

Magic one. Good intention is above all. She believed that, If, an intention came from a good place in your heart, despite challenges, failures, negativity & suffering , it will be sustainable in the long term.





Magic two. She believed that if you love someone, don't change them. Do your best or bring the best part of the other from them or reveal their best. I am happy to say that she always nurtured the good things about me, and about everybody all throughout her life.

Magic three. She believed that for maintaining harmony, one has to accept and surrender. She was very accepting. Very humble. Very capable. At the same time, I think that was magical also. Because, to live harmoniously, an acceptance of self and the others in the world around you and to surrender to the realities is required.

Mr.Kudroli Ganesh is a Kannadiga Magician famous across the globe. He has developed his own style of magical presentation reviving the mysticism of ancient Indian magic.

Not only does he mesmerize the audience through his disappearing acts, he also propagates social message through his acts against social issues like drug abuse, alcoholism etc. and creates awareness against AIDS.

He has bagged awards and accolades including the Indrajala Prathibha Mega Magic Award, Illusion Magic Award and Twin Gold Medal Magic Award. He has also become major attraction in a talent reality show on a leading TV channel.

He together with Shri.Narendrakumar A.Baldota, CMD, MSPL Limited paid the tribute to Dadisa before starting his performance. He mesmerized the audience with his magic tricks of illusion, mysticism, mind reading etc.

“ My Dadisa was a magic and miracle for me personally. I think she had 3 miracles;

- ➔ **Good intention is above all.**
- ➔ **If you love someone, Don't change them.**
- ➔ **For maintaining harmony. Accept and surrender. ॐ**

Mr.Shrenik Kumar N.Baldota,
Jt.Managing Director, MSPL Limited

At Baldota Group,

Women are Innovative, Smart and Equal

Baldota Group being a groundbreaker building a gender-equal future and the catalyst of change, celebrated International Women's Day for women employees of the Corporate Office on 8th March'2019 and for Pellet Plant on 10th March'2019. Women's Day is the occasion to acknowledge social, economic, cultural and political achievements of women globally. The day also marks a "call to action" to increase gender equality. The theme of International Women's Day 2019 was "Think Equal, Build Smart, Innovate for Change".

The celebrations for the women employees of corporate office took place at Sandur Resort as an outdoor event for the entire day. Addressing the employees during formal event, Shri Narendrakumar A Baldota, CMD, MSPL Limited hailed each individual employee and presented a nosegay of rose. He appreciated the all-round contribution of women in men's life by quoting a sanskrit sloka 'Karyeshu Dasi, Karaneshu Manthri; Bhojeshu Mata, Shayaneshu Rambha, Roopeshu lakshmi, Kshamayeshu Dharitri, Shat dharmayukta, Kuladharna Pathni'.

At Pellet Plant, the ceremony was graced by Mrs. Bharati Gudlanur, popularly known as "Pad Woman" in Koppal. She was accompanied by Mrs. Poornima Krishnamoorthy, Dr. Pallavi Amarnath and Mrs. Nanda Taradevaiah on the dais. The lamp lighting ceremony was performed by the honourable ladies on the dais and Mr.V.Krishnamoorthy, VP-Pellet Plant. The celebrations were kicked off by celebratory plantations, cake cutting and autographs of all the ladies to commemorate the day. During the formal function, a welcome speech was given by Mr. Venkatesh Albur, Chairman, Spocul committee.

During their formal address, Dr. Pallavi and Mrs. Bharathi emphasised upon creating awareness among rural women and girls for menstrual hygiene. They also discussed various myths and concerns related to usage of sanitary pads in villages. Mrs. Poornima Krishnamoorthy further shared her views about the importance of women empowerment in the society.

International Women's Day was celebrated at both the venues with invigorating exuberance, fun and frolic.



2019

Celebrating The New Year

Celebration is an integral part of life at MSPL Pellet Plant. This year, the company celebrated the new year event at Hotel Royal Orchid, Hosapete. Shri.Narendrakumar A.Baldota, CMD, MSPL Limited and Directors also joined the employees and their family members in celebrations.

All the employees enjoyed this event which was given a theme branding "Shairat." Cultural show was the show stopper in which various artists invited from various parts of the country enthralled the audience. The event was a step ahead to build a better work environment, bonhomie and strong bonds among employees at all levels.

Zero is Hero, if Zero means No Accidents



Celebration of 48th National Safety Day took place at Pellet Plant on 4th March'2019. Mr. V. Krishnamoorthy, VP-Pellet, Mr. Taradevaiah, DGM-Stores and Medical Officer, Dr.Vinay Kumar presided over the function. Mr.Krishnamoorthy stressed upon the importance of safety and told that Safety should be the way of life and working safe also ensures the safety of employee's family. Safety is a continuous process and it does not end with National Safety Day and week. He reiterated that we will continue to maintain the interest of employees on safety throughout the year and achieve our safety goal of zero incident & Accident.

Conserve Today, Secure Tomorrow

MSPL and RMML, being the torchbearers of sustainable mining in the mining industry, follow the best practices for the conservation of minerals, environment care and safety in all their operations. Mines Environment & Mineral Conservation week was celebrated at Vysanakere Iron Ore Mines from 7th December'2018 to 12th December'2018 and at Iyili Gurunath Iron Ore Mines from 7th January'2019 to 12th January'2019 respectively.

The week is being celebrated every year under the aegis of MEMCA and Indian Bureau of Mines with an objective of creating awareness among mines' employees for the environment and mineral conservation. During the week long celebrations at both the mines, various programmes, activities and contests were organised in which all the employees at both the mines actively participated through out the week.



Vysanakere Iron Ore Mines

The Vysanakere Iron Ore Mine was inspected by the Inspection Team consisting of Mr. M. Gundappa, Sr. Manager-Mines from M/s. Karnataka State Mineral Corporation Limited, Mr. Rajendra Prasad Meena, Manager – Mines from M/s. Vasavadatta Cements, Sadam, Mr. K.V. Subba Reddy, Sr. Executive – Geology, Mr. Deepak Kumar, Asst. Manager – Mines from M/s. ACC Limited, Mr. P. Srinivasa Rao, Dy. Manager – Geology & Survey from M/s. Chattinad Cements Corporation Limited. The inspection team accompanied by Mr.K.Madhusudhana, VP-Mining & CC visited the mines and inspected all the mining operations.

After the inspections and lunch, a formal event was organised. All the visiting dignitaries, Mr.Madhusudhana, VP-M&CC and key members of senior management graced the dais. The programme started with a formal speech by Mr.H.Pujar, Asst.Manager – P&A, had enriching speeches by the dignitaries and prize distribution for the winners before it was concluded by a vote of thanks by Mr.Venkateshwara Rao, AGM-Mines. Later a play titled "Gandada Gudi", written and directed by Mr.H.Pujar was performed to enact how the environment policies are intrinsic to all activities at MSPL Limited. The team further visited the adopted villages accompanied by Mr.H.K.Ramesh, GM-CSR to see various activities done by CSR Team. MSPL – VIOM won special prize for environment conservation, 1st prize for afforestation, mineral beneficiation and mineral conservation, 2nd prize in 5 categories and 3rd prize in 1 category in the final award ceremony at Group 4 event organised at Sandur.

1st
Prize

Afforestation, Mineral
Beneficiation, Mineral
Conservation

2nd
Prize

Overall Performance, Systematic &
Scientific Development, Publicity
Propaganda, Sustainable Development,
Waste Dump Management

3rd
Prize

Environmental
Monitoring

Special Prize:

Energy Conservation

Iyli Gurunath Iron Ore Mines

The week was formally inaugurated by Mr. M.Sathyaprakash, AGM-Mining by hoisting the MEMCA flag. He addressed the employees and applauded their contributions and environment friendly initiatives in mining operations. This was followed by Oath taking to conserve the environment and minerals and was administered by Mr.K.Galeppa, Foreman. The Inaugural speech was given by Mr. K. Ramachari, Senior Foreman. Sri V.V.N.Raju, Manager(Geology) delivered a talk on best practices for the environment and mineral conservation.



During the final day celebrations, MEMCA inspection team headed by Mr. Shyam Prasad, Manager (mines), NMDC Ltd. Consisting of members Mr. K. Nagaraja Rao, Sr Manager (Geology), M/s Kalburgi cements, Sri Ravikant Shukla, Senior Manager (Planning), Ultratech Cements and Sri Abhijith Suryavanshi, Senior Mining Engineer, Hutti Gold Mines Ltd. inspected various Environment protection & Mineral conservation initiatives taken by the mine. The final day function took place at the mines office. Mr. K. Madhusudhana, Vice President (M & CC) joined the dignitaries on the dais. The team members addressed the employees gathered and shared their views. It was followed by a play performed by Mr. Ashok Deshpande and team communicating the importance of environment care.

Iyli Gurunath Mines won 1st Prize in Mineral Conservation, 2nd Prize in 2 categories, 3rd prize in 3 categories and 2nd prize for overall performance.

1st
Prize

Mineral Conservation

2nd
Prize

Mineral Beneficiation, Waste Dump Management, Overall Performance

3rd
Prize

Environment Monitoring, Sustainable Development, Afforestation

Conservation is a state of harmony between men and the land.

-Aldo Leopold



Access and Excel Through The Digital Windows

Computer skills are the basic skill sets for any employment opportunity in today's world. The training aims at making the rural youth compete with those from larger towns and cities and make them employable. As on date, 1369 unemployed youth have been given the computer training. MSPL is running computer classes at Chitrakeri and Hanumanahalli and 105 young community members are benefiting from this program.



Thread of Pride, Stitch of Success

Today, most of the rural women also want to earn on their own and do not want to miss the bus of equality and economic self-sustenance. MSPL provides them an opportunity to earn from their own comfort zones. In the last quarter, 117 women successfully completed tailoring training at Chitrakeri, Bhagathsing Nagar, Hosapete and Hanumanahalli. Presently, 130 women are undergoing training at Hanumanahalli, Chitrakeri, Kanivihalli and Belavinal.



Sums of Success

In today's competitive world, academic performance in 10th standard decides the future direction in a student's life. MSPL supports the rural students by conducting the coaching classes in villages so that they do not have to travel to the town to attend the coaching classes. At present, special classes are being conducted at Danapura, Hanumanahalli, Kanivihalli, Srungarathota, Basapura, Kidadal and Halavarthi villages for the students of 10th standard. 134 students have enrolled in these classes and have been attending regularly.



Better DARE Then Dire

A young girl must be able to do her self-defence and avert the dire experiences in which her dignity and safety endangered. During the last quarter, MSPL DARE Master Trainers successfully imparted training in Telangana state. MSPL had approached 131 schools, conducted 106 DARE workshops and trained 24984 students during the quarter. As on date, DARE Team has trained 2,41,584 students from 1407 educational institutions.



Not Losing Sight

Problems of eyesight are common today due to host of reasons. Villagers often neglect the issue resulting in further deterioration of vision, as they want to avoid visit to the clinic and get eyes corrected due to their limited savings. During the quarter, MSPL conducted 2 eye camps at Hosapete, out of which one at MJ nagar and another in association with the RTO office at RTR nagar. 415 members were screened during the camps and 36 people have undergone the eye surgery.



Embarking into the digital world

Digital Training helps senior citizens to embark into the digital world, where they can enrich themselves, can manage their accounts and connect to the world. MSPL has been providing the digital training to the senior citizens and has successfully completed 2 batches at Danapura with total strength of 32 members. A New batch has also commenced at Hanumanhalli in which 18 people have enrolled. As on date, MSPL has trained 425 Senior Citizens.



Creating Synergies At Micro Level

MSPL has been providing revolving fund to Self Help Groups in adopted villages with a view to develop micro-entrepreneurs. MSPL has provided an interest-free sum of Rs.11,19,000 during the quarter as revolving fund to SHGs, so that they can lend to their members for IGP and asset creation. This revolving fund is in addition to their own fund of Rs.1,75,000/-, which was given to support animal husbandry program to enhance their family income.



Doctors At The Doorstep

Improved health standards directly reflect into the prosperousness of people. To keep a check on their ailments, MSPL conducts camps for health check-up, diabetes etc. in adopted villages. During this quarter too, health check-up camps were conducted at Hanumanhalli, Belavinal and Danapura. Doctors from our Pellet Plant and the team provided their services and prescribed medicines to the needy patients. MSPL provided free medicines.

CASE STUDY



Defense Against Rape And Eve-teasing

Case - 1 | Eve-teasing

Background:

Suzan (Name changed), a girl from Nalgonda was being eve-teased by a group of boys while going to the school.

It was a purposeful and regular act by them to harass her. She was scared by those boys and their behaviour. But she was reluctant to share this problem with her parents due to fear, as she thought that her parents may not send her to the school. She kept quiet for so long, which resulted in boys harassing her more without any fear.

Intervention:

After attending the DARE workshop, the girl came to know about the meaning of teasing, eve-teasing, molestation, groping, rape, good touch and bad touch, legal support and about Helpline Numbers.

Outcome:

She confidently shared her problems with her parents. Her parents immediately took action, visited the place where she was being eve-teased.

Her parents gave warning to those boys and further informed them that they had recorded the evidence of teasing and would use it to lodge the complaint if they do not immediately stop it.

Case - 2 | Threat Within Home

Background:

A Girl from North Goa - Vagator, studying in 9th Standard was staying in an apartment with parents and an uncle. She was getting little time with her parents during the day as they were working parents.

Uncle, who was staying with them used to molest her daily. The girl was quietly tolerating and did not inform parents, friends or teachers as she was scared. She kept the silence for almost 5 months as she had a fear that parents would stop her studies or would scold her instead.

Intervention:

When the Master Trainer went for the DARE workshop in her school and started explaining about touch, behaviour, abuse etc., she started crying and told about her uncle.

Master Trainers immediately approached the School Principal. Principal called her parents and informed about her Uncle and his sexual assaults.

Outcome:

Parents realised her trauma, scolded and warned the uncle and asked him to leave home immediately. They further provided the emotional support and protection to the girl giving her more attention, time and started accompanying her when she leaves her for the school.

CASE STUDY

Case - 3 | School in Goa

Background:

A Girl from South Goa, Arambol studying in 5th Standard was molested by the school bus cleaner. The Girl was from rural area, she used to wait for her father to take her back home everyday. Cleaner used to molest her taking advantage of her loneliness. He molested her for more than 15 days, luring her by offering Chocolates and Ice cream. Neither school staff was aware of what he was doing with the girl in the school campus nor her parents at home.

Intervention:

During the DARE workshop conducted in her school, when the Master Trainers were explaining about the Good Touch and Bad Touch, she started crying in the session. The Master Trainers counseled her personally and discussed about the matter. She revealed her ordeal and about the cleaner molesting her twice a day. We suggested her to come along with us and share the problem with School Principal and other faculty. We also asked her to inform her parents to take stern actions.

Outcome:

School Principal immediately kept a watch on the cleaner and observed the behaviour of that cleaner towards the girl. The Principal immediately took actions, warned and scolded the cleaner and dismissed him.

Community Interventions



A Friend in Need

Background:

My name is Manjunath K, a resident of Chittavadigi, Hosapete and working as a contract worker in a company. My daughter Sneha's facial and physical movements were not normal since her birth. I ran pillar to post, but she could not be cured. The costs of treatment suggested by some doctors was unaffordable for me in my limited salary and resources. I took my daughter to Jaipur Foot Camp at Hosapete in May'2018 organised by MSPL.

Helping Hand by MSPL:

The doctors examined my daughter and diagnosed that she is suffering from Cerebral Palsy. Doctors referred her case to a physiotherapist empanelled by MSPL for further treatment. When I took my daughter for the first time to the dispensary for the treatment, my daughter did not have control on her head movements, she was not in a position to sit or stand, she was not listening, she did not have proper hand movements, no gestures and she did not have senses to focus and make eye contact. MSPL sponsored my daughter's treatment for 8 months.

Impact:

My daughter is now controlling herself, walking without the support, can hold things in her hands, she can listen and respond to whatever we say and she can now focus and can have direct eye contact with us. She is becoming normal now. I am feeling relieved from worries and happy now. I am grateful to MSPL Limited, who stood by us in times of our real need.

CASE STUDY



Harvesting Prosperity

About Me:

I Am Sushilama living in Danapura village with 7 members of my family. I am a member of Annapurna Mahila Sangha supported by MSPL. 2 acers of land owned by my family on which I was initially cultivating crops like maize and groundnut remained uncultivated due to some unavoidable issues. Later I was given a suggestion from the group to cultivate sugarcane crop on that land.

SHG Loan:

I took a loan of Rs.20,000/-for the plantation of sugarcane crop and Rs.4000/- for LPG at home from the self-help group.

Outcome:

After a period of one year of cultivation of sugarcane we harvested, we sold the crop to the nearest factories. I harvested 80 tones (80,000 kgs) from our 2 acre land and received the price of Rs. 2,500 per ton.

I earned Rs. 2,00,000 for the year. After deducting Rs. 1,25,000/- that I spent toward expenditure and labour costs, my net earning for the first year has come out to be Rs.75000/-.

In addition to cultivating my own crop, I am also working in the neighbour's land so that I can repay the loan amount to the self help group on monthly basis. I am thankful to SHG and MSPL for helping me to start up sugarcane cultivation in my land.



Cementing Relationship

About Me:

My name is Eeramma and I am a resident of Hanumanahalli village. I am a member of Durga Sakthi Self-Help Group. I have accumulated my own savings of Rs.6000/- in my Self-Help Group account.

My husband Anjiniappa was serving at MSL plant and is at home now. To meet the needs of our five member family, I have taken loans from the group for LPG, house Construction and toilet construction.

SHG & Government Loan:

For the purpose of construction of my new house, the self help group provided me Rs.50,000/- as a loan out of total expenditure of Rs.5,00,000/-. I also took loan of Rs.1,60,000 from the government and remaining amount of Rs. 2,90,000 was arranged by my family members.

Outcome:

All my family members also worked along with the workers during the construction activity. As a result of our efforts and support from the Self-Help Group, we could construct our new house within 8 months.

This SHG loan facilitated by MSPL has come as a boon for us, as interest is very low and it has saved us from being exploited by moneylenders. We are now happy and living in new home, thanks to MSPL.



Soaring High At JITO Udaan

JITO Udaan was organised at Mumbai from 16th to 18th March '19. It was a platform for the entrepreneurs, corporate and business houses for showcasing their products, professional networking and business promotions.

Baldota Group showcased products and demo plant of Good Earth Chemicals Private Limited and Group's community care interventions through various exhibits.

GECPL team was overwhelmed with the business enquiries and queries from curious visitors who wanted to explore possibilities of using GECPL's waste management solution in their premises. People also took keen interest in our community care interventions.

The exhibition was thronged by hundreds of visitors daily and the stall got around 150-200 curious visitors enquiring about the products and services. The company also received dealership enquiries from two entrepreneurs for GECPL products. CSR team also received various enquiries for the collaborations, especially the initiatives for women

empowerment like DARE received appreciation from professionals in social sector.

Baldota Group being one of the patrons for JITO Udaan 2019, participated actively during the event. To acknowledge the contributions of Baldota Group, JITO named the main conference hall at JITO Conclave as "Baldota Hall" and the group was given special privilege and honour to display its branding.

Being sustainability stalwarts, Baldota Group used this opportunity to create awareness about environment care and community care by exhibiting our advertising and communication material.

Participation in JITO Udaan not only gave new height to our stakeholder engagement but also opened new vistas to explore the new business opportunities for promotion of GECPL products and services across the country.

GECPL looks forward to participate more exhibitions and engage with the target audience directly.



Career Progression Through Professional Excellence & Competency Building

Competencies and professional excellence represent broader combination of knowledge, skills and abilities that help predict superior performance in organisation.

For middle level management, competencies and professional excellence offer a path for career progression in their current roles and potential future roles.

To keep middle management updated with the latest management trends and skills, their roles, responsibilities and functions as Managers in ever-changing business world, a training workshop was conducted by Mr. Dinesh Divekar, a business mentor, consultant and trainer on 22nd February '19 for the employees from mines and pellet plant, in the grades - DGM and above.

A guest lecture was also organised by the group on 9th March '2019 for all its management team members in which Mr. Rakesh Jain, Founder Director of RGB Universe, a management consultancy firm, was invited to deliver his speech on professional excellence.

The workshop focused on managerial competencies, workplace collaborations, communication skills and interpersonal skills. The workshop has infused a new perspective among participants and has contributed for generation of new ideas. Shri. Narendrakumar A. Baldota, CMD, MSPL Limited and Dr. Meda Venkataiah, ED-Mines, also remained present during the inaugural session, illustrating management's commitment to provide ample growth opportunities to its internal stakeholders.

Eklavya – Hitting The Bull's Eye

Akash C. Sannakki, son of Mrs.Uma.C.S has been awarded with “Ekalavya Award” for his outstanding performance in 10th Standard for the year 2017-18 at Deepayana English Medium School.

He also stood first in the competitive exams conducted for students of standard 10th by Shri. Guru PU College, Hosapete. Apart from his bright academic performance, he has a great interest in drawing, essay writing and was the sports team captain of the school team for the year. He has been recognised and awarded for his punctuality and full attendance by his school every year.

He has participated in athletics, sports and games conducted at school as well as MSPL Stay Fit Club and has been awarded with many certificates and prizes. He also represented MSPL Team as a member in 5KM Marathon at Hubli , Hampi etc.



Fit For Life



MSPL Stay Fit Team participated in Hubli Marathon on 18th November'18 and finished 5K and 10K Challenge successfully. Participants included Mr.S S Chandrashekar, Mr.H M Kotresh, Mr.Rajkumar Sharma, Mr.Vasant, Mr.Hanumanth Pujar, Master Devansh Sharma, Mr.D I Chougala, Mr.Gundappa, Mr.K Madhusudhana, Mr.Thomas M A, Mr.U. Taradevaiah, Mr. Mahesh V, Mr.Thipperudra Gowda, Mr.Rahul Srivastav, Vamsi Krishna, Santosh K, Mr.Chandan B, Mr.Raghu P V, Mr.Kumar A, Mrs.Shilpa Thomas, Kumari Manisha, Kumari Samskruti, Master Dhyan. MSPL Stay Fit Club once again proved that no distance is long enough, no destination is unreachable and no target is unachievable when they determine to race ahead.

WEATHER REPORT	Month	Jan.'19	Feb.'19	Mar.'19
	Avg. Wind Speed (Km/Hr)	2.34	2.22	2.53
	Min. Temp. (°C)	14.0	18.0	21.0
	Max. Temp. (°C)	32.5	35.0	37.0
	Total Rainfall (mm)	0	4	0

2,41,000 GIRLS **DARE** TO SCARE



A woman when dares a scare of rape or eve-teasing and defends bravely, its the miscreant who learns a lesson for his life-time.

Defense Against Rape and Eve-teasing (DARE) is a programme aimed at training young girls and women for their self-defense. This MSPL initiative conceived and initiated by Ms.Vaamaa Baldota has trained more than 2,41,000 girls across the states of Karnataka, Goa, Maharashtra, Delhi and Telangana.

In a typical 2-hour DARE session, a young girl or a woman is being trained through Situation Enactment in Verbal Confrontation skills, Avoidance, Response, Survival & Escape tactics and Self-defense techniques.

MSPL DARE is determined to empower women and enable them to take charge of their own defense.

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